

## The Life Map Journey Workshop

**Led by: Elizabeth Elliott**

### **Description:**

Elizabeth coaches and leads those with a desire to go deeper into clearer, more fulfilling and purpose filled life. She has a heart for embracing life's joys and brokenness and with over 20 years' experience enables others to seek a richer lifestyle. Elizabeth enables others to discover life's unique purpose that we all have.

Living through depression, she has discovered hidden treasures which led her into a life changing adventure. With her husband, Robert, 'Treasures of Darkness' was birthed in 2023.

This workshop retreat offers time and space for a 'stop, look and listen day'..... Providing a tool for seekers on life's journey with a fresh look at life so far..... including:

- ❖ Making use of trials and setbacks.....;
- ❖ Opportunities to re-look at our life's events and see them in new ways;
- ❖ Blessings of living from gratitude.

You will receive:

- ❖ Fresh perspectives on where life has taken you so far;
- ❖ Encouragement to see how life events grow together;
- ❖ Transforming our view of our live events into something that makes real differences and opens up the future.

All materials are provided.

**Come along and see how to make sense of your past; create your own unique life journey map to treasure.**

**Move forward into your future.**

### **More Detail:**

Timings: 10:00am-4:00pm

Venue: Compass House

Compass House is the second building along on the right and opposite the lower end of the Abbey car park.

Tea and coffee will be available, but please bring a packed lunch.

Advance booking is essential as places are limited.

### **By Rail**

Three Bridges Station is approximately 4 miles from Worth.

You are advised to take a taxi from there as there is no direct bus route.

### **By Road**

Worth Abbey is located close to Crawley and the M23, just 32 miles from London and 22 miles from Brighton, making it easily accessible via the UK road network.

**Sat Nav:** Use postcode RH10 4SB.

**Worth Abbey**

Paddockhurst Road, Turners Hill  
Crawley RH10 4SB  
Tel: 01342 710318

[www.worth.co.uk](http://www.worth.co.uk)

[www.worthabbey.net](http://www.worthabbey.net)

**Robert & Elizabeth Elliott**

[www.treasuresofdarkness.co.uk](http://www.treasuresofdarkness.co.uk)