



Thank you for registering to attend a retreat in The Open Cloister here at Worth Abbey and we very much look forward to welcoming you to Worth. Please find below some useful information about St Bruno's and Worth Abbey.

### **How to find St Bruno's:**

St Bruno's is very close to the Abbey entrance (off the B2110) and lies behind the large stone wall to your right as you arrive. If you are driving, you may unload luggage at the entrance but then you are asked to park in the visitors' car park.

### **What to bring:**

Bed linen and towels are provided. You just need to bring personal toiletries and clothing.

There are many fine walks from the Abbey so it is advisable to bring suitable walking shoes/boots and waterproof clothing (if required).

### **A Monastic community:**

In keeping with the general ethos of Worth, guests are asked to contribute to the smooth running of their visit by helping with the domestic arrangements, e.g. making your own teas and coffees, laying tables and clearing away after meals and to re-make their beds on departure, using linen provided in the rooms.

You are warmly invited to attend the monastic prayer and liturgy during your stay. These take place in the Abbey Church and the timings are as follows (you are advised to arrive 5-10 minutes early):

6.20am	Matins (Office of Readings)
7.30am	Lauds (Morning Prayer)
1.00pm	Middy Prayer
5.30pm	Community Mass
6.45pm	Vespers (Evening Prayer)
9.00pm	Compline (Night Prayer - except Thursdays)

<b>Weekend Mass:</b>	Saturday: 9am and 5pm (Parish Vigil Mass for Sunday)
	Sunday: 9.30am

### **Whilst at Worth:**

Please note that we are a non-smoking site, which also includes e-cigarettes. Unfortunately, we are unable to accommodate pets, with the exception of guide dogs, by prior arrangement.

### **Special requirements:**

If you have not notified us of any dietary or mobility requirements, then please do so now, to be sure that we can accommodate them. We are able to cater for vegetarians and most essential medical dietary requirements, when notified in advance. This is especially important for catering purposes as hospitality is central to the Benedictine ethos, therefore, we are keen to ensure that meals are tailored to meet everyone's needs wherever possible.

Guests staying on a fully inclusive basis are politely asked not to bring any food items with them for re-heating and consumption, as we will not be able to serve these on our premises due to current Health and Safety legislation. Should you wish to discuss any dietary needs and/or severe allergies, you carry a Chef's Card or you have any mobility needs then please contact the **Bookings Secretary Tel: 01342 710318**.