

## Booking

To reserve a place on any of the events listed, please complete a booking form which is enclosed or available on our website [www.worth.co.uk](http://www.worth.co.uk) or by contacting us – details on the front of this leaflet.

## Ecumenical

All people, of any faith or none, are welcome to take part in our events which are offered from a Catholic perspective and in the tradition of monastic hospitality.

## Eucharistic liturgies

The monastic prayer and liturgy is open to all who visit but it is not possible to offer Communion to non-Catholics who attend Mass. Those not receiving Communion for any reason, are warmly invited to come forward to receive a blessing.

## Quiet Fridays

If you can't manage a residential stay or you wish initially to have a shorter introduction to the retreat experience, then why not consider a retreat day.

These quiet days are exclusively for individuals and take place usually every 2<sup>nd</sup> Friday of the month<sup>1</sup> (except August). They are led by a member of the Monastic community.

Take time for stillness and solitude; enjoy the attractive grounds and the Quiet Garden. Join the monastic community for Midday Prayer in the Abbey church, followed by the opportunity of Adoration before the Blessed Sacrament. Please bring your own packed lunch; tea and coffee are available.

**Arrivals:** 10:15am for a 10:45am start, until 3:30pm

**Venue:** Compass House Day Centre

**Suggested donation:** £14 (Concessions £10)

**Advance booking is essential as places are limited**



## Calendar of Retreats 2020

*"All guests who present themselves are to be welcomed as Christ, for he himself will say:  
I was a stranger and you welcomed me."*



**Worth Abbey, The Open Cloister  
Paddockhurst Road, Turners Hill  
Crawley, West Sussex RH10 4SB**

**Tel: 01342 710318**

**Email: [toc@worth.org.uk](mailto:toc@worth.org.uk)**

# The Open Cloister (TOC): Retreat Programme 2020

	Residential Retreats (led by a member of the monastic community or collaborators)	Silent Retreats (led by a member of the monastic community) and Individual Retreats (self-led)	Events for Teenagers and Young Adults (led with the support of collaborators*)
<b>Prices</b> (Concessions available)	Midweek: £177 pp (2 nights) Weekend (Fri-Sun): £196 pp	Silent Retreat: £265 Individual retreats: £65 pp, per night	Teenagers: £86 pp Young Adults: £108 pp (waged) £65 pp (unwaged/student)
January		13-16 Jan: Silent Retreat	
February		25-27 Feb: Individual Retreats	
March			
April	31 Mar-2 April: Lent Retreat		5-9 Apr: Cross Walk 9-12 Apr: Young Adults' Easter Triduum Retreat
May	1-3 May: Family Mindfulness (Shaun Lambert)	12-14 May: Individual Retreats	8-10 May: Teenagers' Retreat
June	16-18: TOC Retreat ( <i>Theme tbc</i> ) 26-28 June: Mindfulness of God in the Monastic Tradition (Shaun Lambert)		
July		20-23 Jul: Individual Retreats	
August	Family Summer Retreat ( <i>dates tbc</i> )		28-31 Aug: Young Adults' Summer Retreat
September	4-6 Sep: Watchfulness in the Gospels (Shaun Lambert) 18-20 Sep: Forgotten Desert Mothers (Michael Woodward)	14-17 Sep: Individual Retreats	
October	16-18 Oct: Imagining Salvation (Elizabeth & Stephen Serpell)	13-15 Oct: Individual Retreats	
November		9-12 Nov: Silent Retreat	27-29 Nov: Young Adults' Advent Retreat
December	1-3 Dec TOC Advent Retreat		4-6 Dec: Teenagers' Retreat

**theASCENT** A discipleship process for young people in Years 10, 11 or 12 designed to take those with a real interest in their faith, to help them make a deeper commitment and to explore their relationship with God. This programme is offered with the support of the Diocese and is hosted by Worth Abbey. For more details contact: [admin@theascentuk.co.uk](mailto:admin@theascentuk.co.uk). Further information can be found at [theascentuk.co.uk](http://theascentuk.co.uk)

Contact the Bookings Secretary: Tel: 01342 710318 or Email: [toc@worth.org.uk](mailto:toc@worth.org.uk). Further information can be found at [www.worth.co.uk](http://www.worth.co.uk)

Please note that the information above may be subject to change

\*The Wellspring is a Catholic community seeking to live the Gospel with the Rule of St Benedict as a guide. Living a common life of prayer and service, they witness to the Kingdom of God in the city of Brighton