

## WORTH ABBEY RETREAT CENTRE- Coronavirus (Covid-19)

Welcome to Worth Abbey. The safety and wellbeing of our guests, staff, suppliers and site residents is our priority and to help with this, please find below guidelines and recommendations. We hope you will accept them as sensible and are able to follow them but if you are unhappy or uncomfortable with these guidelines then we would be happy to reschedule your visit.

Anyone with Covid-19 symptoms, however mild, or who have a positive test result should not be coming to Worth; they must stay at home and self-isolate immediately. Symptoms can include:

- a new continuous cough
- high temperature
- loss of or change to your normal sense of smell or taste (anosmia)

In line with the latest Government guidance (19 July 2021) the following is advised for those staying at Worth:

- There is no longer a legal requirement to use track and trace / QR codes but we would encourage guests to use the app, to aid the test and trace system thus helping to stop the spread of Covid-19.
- It is "expected and recommended" that guests wear face coverings (unless exempt) in crowded public settings or if you are asked to do so whilst on site, for example if you visit the Abbey Church. If guests choose to wear a face covering they must provide their own.

Whilst there is no longer a mandatory requirement to have in place 'Covid secure' measures or ensure social distancing, it is good practice to remember that **clean hands, space and fresh air** assist in reducing the risk of contracting or passing on Covid-19 (even if you have been vaccinated).

- There will be hand sanitiser available at the main entrance and also by the conservatory entrance. Please sanitise your hands when you enter and exit the house.
- Wash / sanitise your hands regularly and at least: before and after meals, before entering and exiting the house and cough or sneeze into a disposable tissue (which is then binned) or your elbow.
- Please ensure that communal rooms are adequately ventilated and use a common sense approach with regard to space when meeting with other guests. Please also be mindful of the risks of shaking hands and / or hugging.

If a guest develops Covid-19 symptoms whilst staying with us and/or begin to suffer from any of the symptoms associated with Covid-19 they will need to inform us immediately, apply for a Covid-19 test and return home as soon as they reasonably can.

If guests do not feel able to return home we will try to accommodate them but we will need to charge for their additional stay at our normal room rate. If, whilst guests are waiting for their test result, their stay with us comes to an end we will try to accommodate them but will need to charge for their additional stay at our normal room rate.

Should guests test positive for Covid-19, either during or within 14 days after their visit to Worth, it is the responsibility of the guest or Group Leader to inform Worth Abbey Projects immediately.