



Easter Triduum for Young Adults (18-35) at Worth Abbey **Maundy Thursday 28th to Easter Sunday 31st March 2024**

The **Easter Triduum** – the celebration of our salvation through the death and resurrection of Jesus Christ – is the greatest feast of the year for us as Christians; it is the centre-point and climax of the life of Jesus and therefore, of us as his followers. We are invited to enter into this important celebration with solemn reverence, prayer and devotion. The monastic community at **Worth Abbey** invite you to join them.

Further Information:

Programme: An opportunity to participate in the **Easter Liturgy** and the **monastic rhythm of prayer**, enter more deeply into the Easter mystery, with space for personal reflection and the opportunity for Reconciliation; as well as social time and building community and friendship. There will also be a post-Easter Vigil celebration and Easter Sunday lunch with the monastic community.

Retreat Arrivals: Arrivals are from 4.30pm on Maundy Thursday 28th March. Supper is at 6pm, followed by a welcome and introduction session then the Mass of the Lord's Supper is at 8:30pm.

What to Bring: Clothes for rain, suitable shoes for a walk (possibly in mud!). No towels or bedding are needed as these are provided.

Food: If you have any **dietary requirements**, please let us know at the time of booking and ensure that you have specified them clearly on your booking form. If you are arriving after dinner on Thursday, then let us know by **Friday 15th March** as we can save you a meal (most probably a salad).

Accommodation: is in St Mary's House, on the school campus. The rooms are mostly single en-suite with a few shared rooms available.

Cost: £195 per person

CROSS WALK

For anyone who would like to experience a **Cross Walk Pilgrimage** during Holy Week, you are invited to join a group who will be walking from Brighton – beginning on Palm Sunday 24th March - to Worth Abbey and arriving at Worth on Maundy Thursday 28th March whilst carrying a cross. The group will then join for the Easter Triduum weekend.

Cost: £60 per person

Getting to Worth: the nearest train station is Three Bridges. Taxis are available from the station, and the fare is approximately £15. When you arrive at Worth use the 'Worth School' entrance off the main road and drive to the front quad located by the Main School Reception. From there you will be directed to St Mary's. **The address is Worth Abbey, Paddockhurst Rd, Turners Hill, CRAWLEY, West Sussex. RH10 4SB.**

Departure: The retreat will finish approximately at 3pm on Sunday 31st March.

If you have any questions, do drop us an email or give us a call. We look forward to seeing you!

E: retreats@worth.org.uk

T: 01342 710318

W: worth.co.uk / worthabbey.net